

# *Knickerbocker Bagel*

**367 Knickerbocker Avenue  
Brooklyn, New York 11237**

*Good Days Start with...*



*Bagels, Coffee & You!*



*Free Delivery (Minimum \$8.00)*

*(Last Call for Delivery 3:00 in the Afternoon)*

*Catering Available - Corporate Accounts Welcome*

***Open 7 Days a Week***

*Weekdays 6:00 a.m. – 7:00 p.m.*

*Saturday 6:00 a.m. - 6:00 p.m.*

*Sunday 6:00 a.m. – 5:00 p.m.*

## **-Hand-Rolled Bagels-**

■ Bagel.....	\$1.10
■ Mini Bagel.....	\$ .90

**Choice of:** Plain, Sesame, Poppy, Everything, Cinnamon Raisin, Onion, Garlic, Rye, Egg, Pumpernickel, Salt, Whole Wheat, Whole Wheat Everything, Whole Wheat Oats and Raisins, Multi-grain (Our Mini Bagels also come in the above flavors!) **Special Flavors:** Jalapeno, Sun-Dried Tomato, Olive Pimento, Blueberry

■ Buy One Dozen and get 2 Free.....	\$13.20
■ Bagel Flats (Plain, Sesame, Everything or Whole Wheat).....	\$1.25
■ English Muffin Bagel.....	\$1.25
■ Bialy or Kaiser Roll.....	\$ 1.10
■ Multigrain & Special Flavors.....	\$1.25

## **-Spreads-**

	<b>Sandwich</b>	<b>1/4 Lb.</b>
■ Butter or Grape Jelly.....	\$1.75	\$1.25
(We also have Raspberry & Strawberry Jelly)		
■ Butter & Jelly.....	\$2.00	
■ Plain Cream Cheese.....	\$2.50	\$1.75
■ Plain Cream Cheese & Jelly.....	\$2.75	
■ Flavored Cream Cheese.....	\$3.75	\$2.12
■ Low-Fat Plain Cream Cheese.....	\$2.75	\$1.87
■ Low-Fat Flavored Cream Cheese.....	\$3.75	\$2.25
■ Tofu.....	\$2.75	\$2.25
■ Vegetable Tofu.....	\$2.95	\$2.37
■ Scallion Tofu.....	\$2.95	\$2.37
■ Salmon (Lox) Spread.....	\$4.95	\$2.37
■ Salmon (Lox) and Scallion Spread.....	\$5.25	\$2.62
■ Hummus (Crushed Chick Peas with Natural Spices)....	\$3.95	\$2.73
■ Peanut Butter.....	\$2.75	
■ Peanut Butter & Jelly.....	\$3.00	Page 1

-  Peanut Butter with Choice of Fresh Fruit.....\$3.75  
(Choice of Banana, Strawberry or Blueberries)
-  Nutella.....\$2.75
-  Nutella with Choice of Fresh Fruit.....\$3.75  
Choice of Banana, Strawberry or Blueberry)

\* Try Peanut Butter or Nutella and Fresh Fruit on a Whole Wheat or Plain Wrap! (with Honey Add : 25 Cents)

*Some of our Flavored Cream Cheeses include: Vegetable, Low-Fat Vegetable, Scallion, Low-Fat Scallion, Low-Fat Plain, Cinnamon Raisin Walnut, Strawberry, Olive & Pimento, Sundried Tomato, Bacon Scallion, Chipotle Diavolo, Lox Spread, Lox & Scallion, Garlic & Herb, Cucumber Dill, Jalapeno Cheddar, Jalapeno Cheddar w/Scallions, Blueberry - plus seasonal flavors.*

### **- Smoked Fish-**

	Sandwich	1/4Lb.
 Atlantic Smoked Salmon.....	\$7.00	\$8.49
 Atlantic Smoked Salmon with Cream Cheese.....	\$7.95	
 Atlantic Smoked Salmon with Flavored Cream Cheese.....	\$8.25	
 Whitefish Salad.....	\$5.75	\$3.24
 Baked Salmon Salad.....	\$5.95	\$3.74

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**-Egg Sandwiches-**  
*(Served Daily until 2:00 p.m.)*  
*Choice of a Bagel, Sliced Bread, Wrap or on a Plate!*

- 2 Eggs (any style).....\$2.50
- Egg Whites (2 Eggs).....\$2.75  
*(Add an Extra Egg for 35 cents, add an extra Egg White for 45 cents)*
- Bell Pepper Egg-In-A-Hole.....\$2.95
- 2 Eggs with Potatoes (Yukon Gold Home Fries).....\$3.25
- "The Leo" - 2 Eggs with Sliced Lox & Onion.....\$6.95
- Bull's Eye Eggs (2 Eggs Medium w/Avocado on Whole Wheat Toast).....\$4.50  
With:
  - Cheese (American, Muenster, Swiss, Alpine Lace Swiss)....add 35 cents
  - Bacon, Ham, Sausage or Turkey.....add \$1.25
  - Vegetable Sausage.....add \$1.75
  - Turkey Bacon.....add \$1.75

**- 3 Egg Omelets -**  
*(Served with Home-Fries & Toast or Mini Bagel)*

- Plain (Any Style).....\$6.45
- Cheese Steak Omelet (w/Roast Beef and American Cheese).....\$8.45
- Italian Omelet (w/ Sausage, Provolone Cheese & Tomato).....\$8.45
- Western (Ham, Bell Peppers & Onions).....\$8.45
- Greek (Feta Cheese, Tomato, Onions & Bell Peppers).....\$8.45
- Florentine (Baby Spinach & Feta Cheese).....\$8.45
- Monteray Turkey Omelet (Turkey, Onions, Bell Peppers & Pepper Jack Cheese).....\$8.45

**- Bull's Eye Eggs -**

*(Choice of White or Whole Wheat Bread & Served with Home Fries)*

- 2 Eggs Nestled in 2 Slices of Toast looking at you with Avocado.....\$7.95
- 2 Eggs Nestled in 2 Slices of Toast looking at you with Avocado & Roasted Red Peppers.....\$8.75

## **-Breakfast Wraps-**

- *The Precinct: 3 Egg Whites, Turkey & Swiss.....\$6.95*
- *Western Wrap: 3 Eggs, Choice of Meat, Home Fries,  
Choice of Cheese and Salsa.....\$7.95*
- *Florentine Wrap: 3 Egg Whites, Spinach, Feta Cheese and  
Tomato.....\$7.95*
- *Veggie Wrap: 3 Eggs or Egg Whites with Mushrooms, Scallions  
and Bell Pepper or Veggies of your choice .....\$7.95*
- \* *Black Bean & Avocado Wrap: 3 Eggs, Black Beans, Corn, Onion, Bell  
Peppers and Cheddar.....\$7.95*
- \* *Huevos Rancheros Wrap: 3 Eggs Scrambled with Jalapeno,  
Avocado & Salsa.....\$7.95*

## **-Children's Breakfast Menu-**

- \* *(4) Silver Dollar Pancakes with a Choice of a Small Tropicana Orange  
Juice or Small Water and a Choice of an Apple or Banana.....\$4.95*
- \* *(1) Slice of French Toast with (1) Egg and a Choice of a Small Tropicana  
Orange Juice or a Small Water and a Choice of an Apple or  
Banana.....\$4.95*
- \* *Two Egg Omelet with a Choice of Cheese or (2) Veggies with a Mini Bagel  
or Two Eggs on a Plate with Yukon Gold Potatoes and Toast with a Choice  
of a Tropicana Orange Juice or a Small Water and a Choice of an Apple or  
Banana.....\$4.95*

## **-From Our Breakfast Grill-**

- Challah Bread French Toast.....\$6.25
- Buttermilk Pancakes.....\$6.25
- Chocolate Chip Pancakes.....\$6.50
- Buttermilk Pancakes with a Choice of Fruit.....\$6.75  
*(Choice of Banana, Blueberry or Strawberry)*
- Whole Wheat Pancakes.....\$6.25
- Whole Wheat Pancakes with a Choice of Fruit.....\$6.75  
*(Choice of Banana, Blueberry or Strawberry)*
- Banana-Nut Pancakes.....\$6.75
- Waffles.....\$6.25  
*(With Choice of Fruit (Blueberry, Strawberry or Banana)).....\$6.75*
- Yukon Gold Home Fries (Sautéed with Bell Peppers & Onions)... \$3.95

## **- Home-Made Oatmeal-**

- 12 ounce size.....\$3.50
- 16 ounce size.....\$3.95  
*(Add a Topping - Choice of Blueberry, Strawberry, Banana, Cranberries, Sliced Almonds, Granola Mix or Raisins - \$.50 Cents for one Choice - Extra \$1.00 for a Mix of a Few)*

## **- Freshly Squeezed Orange Juice - (Squeezed-to-Order)**

## **- Carrot Juice or a Blend of Both -**

- 10 ounces.....\$3.95
- 16 ounces .....\$4.95
- 24 ounces.....\$6.95

**- Fresh Fruit Smoothies -**  
**(All Natural Chilled Drinks - No Sugar Added)**

 16 ounces.....\$4.35    24 ounces.....\$4.99

**Choice of:** Peach Paradise (Peaches, Orange & Banana)  
Very Berry (Blueberries, Strawberries, Black Berries & Honey)  
Sunset Orange (Oranges & Banana)  
Peach Mango (Peaches & Mango)  
Peach Banana (Peaches & Bananas)  
Mango Sunrise (Pineapple, Banana, Mango, Strawberries)  
Peach Blue (Peaches, Blueberries, Strawberries & Spinach)  
Mango Berry (Mango, Raspberries, Strawberries & Honey)  
Banana-Peanut Butter (Banana, Peanut Butter, Milk Honey & Protein Mix)

**Made with Choice of:** Whole Milk, Skim Milk, Soy Milk, Almond Milk or Orange Juice

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## **- Healthy Snacks and Desserts -**

- ⊕ Low-Fat Blueberry & Granola Yogurt Parfait.....\$3.99
- ⊕ Low-Fat Strawberry & Granola Yogurt Parfait.....\$3.99
- ⊕ Low-Fat Blueberry/Strawberry & Granola Yogurt Parfait.....\$3.99
- ⊕ Low-Fat Yogurt with Pineapple and Honey.....\$3.99  
*(With a Side of Walnuts - Extra 50 Cents)*
- ⊕ Healthy Blueberry & Oat Bars (Home-Baked with Oats, Blueberries, Egg Whites, Cinnamon & Honey).....\$3.50

## **- Fresh Fruit -**

- ⊕ Watermelon, Pineapple, Cantaloupe or Mixed Fruit.....\$3.99
- ⊕ Apple or Banana.....\$1.00

## **- Home-Made Desserts-**

- ⊕ Rice Pudding.....\$3.99
- ⊕ Jello.....\$2.99
- ⊕ Chocolate Pudding.....\$2.99

## **- From Our Bakery -** *(Home-Baked)*

- ⊕ Choice of Freshly Baked Muffins: Corn, Banana-Nut, Blueberry, Cappuccino, Carrot, Chocolate Chip, Double Chocolate Chip, Lemon Poppy & Raisin Bran.....\$2.50  
*(Available in Mini Size.....95 Cents)*
- ⊕ Choice of Freshly Baked: Apple Turn-Over, Cinnamon Bun, Cheese Danish, Croissant & Chocolate Croissant.....\$2.50
- ⊕ Bread Pudding Muffin.....\$2.50
- ⊕ Choice of Freshly Baked (Individual Size) Cookies.....65 Cents  
*(Chocolate Chip, White Chocolate Chip, Macadamia Nut & Peanut Butter)*
- ⊕ French Toast Bagel.....\$1.50
- ⊕ Crumb Cake.....\$2.95
- ⊕ Triple Chocolate Brownie.....\$2.95

## **- Home-Made Butter Cookies -**

*A Variety of Choices.....(One Piece - \$.35 Cents).....\$12.00 per Lb.  
(Chocolate Sprinkle, Rainbow Sprinkle, Chocolate Chip, Cherry, Raspberry Filled  
Sandwich, Chocolate Dipped Raspberry Filled Sandwich, Rainbow Cookies and  
more!)*

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**- Tossed Salad Bar -**  
**Create Your Own! - Or Choose from Our Creations!**

*Choice of Crisp Romaine, Mixed Greens, Kale or Spinach...One Size (32 oz.)...\$6.99  
(Includes 4 Free Vegetables of Choice from the 85 Cent Items)*

**85 Cents Extra per Item:**

Bell Peppers \* Black Beans  
Broccoli \* Asian Noodles  
Carrots \* Red Hot Peppers  
Cherry Tomatoes \* Pickled Jalapeno  
Chick Peas  
Corn  
Cucumbers  
Mushrooms  
Red Onion  
Red Kidney Beans

**\$1.00 Extra per Item:**

Cranberries \* Kalamata Olives  
Feta Cheese \* Artichoke  
Mozzarella Balls  
Pimento Olives \* Pepitas  
Red-Roasted Peppers  
Sun-Dried Tomatoes  
Sun Flower Seeds  
Almond Slices  
Walnuts  
Hard-Boiled Egg  
Mandarin Oranges

**Extra For Each Item:**

Grilled Chicken, Chicken Cutlet or Individual Bumble Bee Tuna.....\$3.95  
Home-Made Chicken, Egg, Shrimp or Tuna Salad.....\$3.95

**- Our Creations -**

*(With your choice of Dressing or Our Suggestion)*

- ⊕ **Garden Salad:** Crisp Romaine with Bell Peppers, Carrots, Cherry Tomatoes, Cucumbers, Red Onions with Oil & Vinegar(V).....\$6.95
- ⊕ **Caesar Salad:** Crisp Romaine with Parmesan Cheese, Croutons with Caesar Dressing....(w/Grilled Chicken.....\$7.95).....\$5.45
- ⊕ **BLT Salad:** Crisp Romaine with Bacon, Cherry Tomatoes, Scallions, Croutons with Low-Fat Ranch Dressing.....\$6.50
- ⊕ **Chef's Salad:** Crisp Mixed Greens with Roast Beef, Turkey, Swiss Cheese, American Cheese, Cherry Tomatoes, Hard Boiled Egg with Low-Fat Ranch Dressing.....\$7.95
- ⊕ **Orchard Salad:** Baby Spinach, with Sliced Apples, Cranberries, Grapes & Walnuts with Apple Cider Vinegar & Olive Oil(V).....\$6.95

-  **Parma Salad:** Crisp Romaine, Diced Chicken Cutlet, Cherry Tomatoes, Black Olives, Red Onions, Grated Parmigiano Cheese and Balsamic Vinegar & Olive Oil.....\$7.95
-  **Cobb Salad:** Crisp Romaine, Bacon, Egg, Red Onion, Avocado, with Blue Cheese Dressing.....\$7.95
-  **Greek Salad:** Crisp Romaine, Tomato, Red Onion, Feta Cheese, Kalamata Olives with Red Wine Vinegar and Olive Oil.....\$7.95
-  **Asian Noodle Salad:** Crisp Romaine, Asian Noodles, Mandarin Oranges, Cranberries, Sliced Almonds with Sesame Ginger Dressing....\$7.95
-  **Mexican Salad:** Crisp Romaine, Corn, Black Beans, Tomato, Avocado, Pepitas, Red Hot Peppers with Honey Lime Dressing

**Dressing Choices:** Balsamic Vinaigrette, Blue Cheese, Caesar, Honey Dijon, Italian, Russian, Fat Free Italian, Fat Free Ranch, Fat Free Raspberry, Balsamic Vinegar & Extra Virgin Olive Oil, Red Wine Vinegar & Vegetable Oil, Apple Cider Vinegar & Olive Oil, Honey Lime Dressing or Fresh Lemon Juice & Extra Virgin Olive Oil

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## - Cold Cuts & Salad Sandwiches -

	<i><b>Sandwich</b></i>	<i><b>1/4 LB.</b></i>
■ Chicken Salad.....	\$6.75	\$3.00
■ Buffalo Chicken Salad.....	\$6.75	\$3.00
■ Spicy Egg White Chicken Salad.....	\$6.75	\$3.00
■ Pesto Chicken Salad.....	\$6.75	\$3.00
■ Egg Salad.....	\$4.95	\$1.99
■ Avocado, Cucumber Egg Salad.....	\$5.95	\$2.25
■ Tuna Salad.....	\$7.75	\$3.00
■ Vegetable Tuna Salad.....	\$7.95	\$3.25
■ Chicken Florentine Salad (w/Spinach, Shallots, Capers, Fresh Basil, Lemon Juice, Dijon Mustard & Olive Oil).....	\$7.95	\$3.25
■ Italian Chicken Salad (Made with Olive Oil).....	\$7.95	\$3.25
■ Italian Tuna Salad (Made with Olive Oil).....	\$7.95	\$3.25
■ Tuna Florentine Salad.....	\$7.95	\$3.25
■ Shrimp Salad.....	\$7.95	\$3.75
■ Chopped Liver Salad.....	\$5.50	\$2.75
■ BLT (Bacon, Lettuce & Tomato).....	\$5.95	
■ Turkey Bacon BLT.....	\$5.95	
■ Boar's Head Sandwiches.....	\$6.75	
■ Cheese Sandwich (American, Swiss or Muenster).....	\$3.95	
■ Cheese Sandwich (Alpine Lace Swiss, Jack, Cheddar or Provolone).....	\$4.25	
■ Grilled Cheese Sandwich.....	\$5.50	
■ Grilled Cheese, Bacon & Tomato.....	\$6.95	
■ Spicy Grilled Cheese with Cajun Turkey, Tomato, Jalapeno, Onion....	\$7.95	

**Available Boar's Head Products:** Oven Roasted Turkey, Honey Maple Turkey, Pepper Turkey, Ham, Cappi Ham, Roast Beef, Genoa Salami, Bologna, , Cajun Turkey, American, Muenster, Swiss, Alpine Lace Swiss, Monterey Jack, Provolone and Cheddar Cheese

- Onions or Tomato (Add 35 Cents) - No Charge for Lettuce
- Cheese, Red Roasted Peppers, Pepperoncini (Add \$.75)
- Avocado (Add \$.95)

## **- Steamed Pastrami & Corn Beef -**

- *Steamed Pastrami on a Bagel or Choice of Bread.....\$7.95*
- *Steamed Corn Beef on a Bagel or Choice of Bread.....\$7.95*
- *Pastrami or Corn Beef Sold by the Quarter Pound.....\$3.95*

*Reuben Sandwich (Pastrami or Corned Beef) on your Choice of Bread with Sauerkraut, Melted Swiss, Mustard or Russian Dressing.....\$9.50  
Comes with 2 Pickle Spears*

**Choice of Bread:** White, Rye, Whole Wheat & Roll (For a Wrap Add 50 Cents Extra or a Hero Add 75 Cents Extra) - (With Sauerkraut Add 65 Cents)

## **- Wraps -**

**(Served with Choice of Dressing and 2 Pickle Spears)**

- *California Wrap.....\$7.95  
(Roasted Turkey, Jack Cheese, Bacon, Onion, Lettuce, Tomato in a Whole Wheat Wrap)*
- *South of the Border.....\$7.95  
(Grilled Chicken, Roasted Peppers, Corn, Black Beans, Cheddar Cheese & Romaine Lettuce in a Plain Wrap and Salsa on the side.)*
- *Turkey Club Wrap.....\$7.95  
(Roasted Turkey, Muenster, Bacon, Lettuce, & Tomato in a Whole Wheat Wrap with Mayo/Mustard Mix on the side.)*
- *Chicken Caesar Wrap.....\$7.95  
(Grilled Chicken, Romaine Lettuce, Parmesan Cheese in a Plain Wrap with Creamy Caesar Dressing on the side.)*
- *Turkey Fiesta Wrap.....\$7.95  
(Roasted Turkey, Tomato, Onion & Bell Pepper in a Whole Wheat Wrap with Chipotle Sauce or Salsa on the side.)*
- \* *Chicken, Spinach & Cream Cheese Wrap.....\$7.95  
(Grilled Chicken, Onion, Bacon, Spinach, Spread of Cream Cheese & Green Chilies Sauce)*
- \* *Hummus Vegetable Wrap.....\$7.95  
(Hummus, Avocado, Bell Peppers, Black Beans, Shredded Carrot, Cucumber & Spinach in a Spinach Wrap)*

## **- Panini-**

**(Served with Choice of Dressing and 2 Pickle Spears)**

- Turkey Chipotle Panini.....\$7.95  
*(Roasted Turkey, Pepper Jack Cheese, Spinach & Southwestern Chipotle Sauce)*
- Chicken Siciliano Panini.....\$7.95  
*(Grilled Chicken Breast, Fresh Mozzarella Cheese, Roasted Red Peppers, Spinach & Basil Pesto Mayo)*
- Mediterranean Fajita.....\$7.95  
*(Grilled Chicken Breast, Roasted Red Peppers, Onions, Cheddar Cheese, Fresh Parsley & Salsa Picante)*
- Italian Meatless Panini.....\$7.95  
*(Fresh Mozzarella, Spinach, Tomato, Fresh Basil with Sun-Dried Tomato Pesto)*
- Honey Turkey Panini.....\$7.95  
*(Honey Turkey, Alpine Lace Swiss, Turkey Bacon, Onions, Mesculin & Honey Mustard)*
- \* Spicy Grilled Veggie Panini.....\$7.95  
*(Grilled Eggplant, Grilled Peppers, Grilled Mushrooms, Grilled Jalapeno, Garlic Paste, Jalapeno Mayo & Mesculin)*

## **- Sandwich Suggestions -**

**(On a Bagel, Roll, White, Wheat, Rye Bread, Wrap or Hero)  
Served with 2 Pickle Spears!**

### **On a Hero**

- The Italian Panino.....\$7.95.....\$8.95  
*(Cappi Ham, Salami, Provolone, Sliced Pepperoncini, Lettuce, Tomato, Oil & Vinegar)*
- The American Grinder.....\$7.95.....\$8.95  
*(Roast Beef, Turkey, Ham, American Cheese, Swiss, Lettuce & Tomato with Choice of Dressing)*
- The Pizza Steak.....\$7.95.....\$8.95  
*(Hot Roast Beef, Tomato, Melted Provolone Cheese, Salt & Pepper)*

-  *The Bird*.....\$7.95.....\$8.95  
*(Turkey, Muenster Cheese, Lettuce, Tomato & Mayo)*
-  *The Turkey Triple Decker Doozie*.....\$7.95  
*(Served on 3 Slices of Bread with Turkey, Bacon, Lettuce, Tomato & Mayo)*
-  *The Tuna Swelter*.....\$7.95.....\$8.95  
*(Our Tuna Salad with Melted American Cheese)*
- \* *The Monte Cristo*.....\$7.95.....\$8.95  
*(Ham, Swiss, Scrambled Egg, Lettuce, Tomato & Mustard/Mayo Mix)*
- \* *Turkey-Avocado Club*.....\$7.95.....\$8.95  
*(Turkey, Avocado, Onion, Turkey Bacon, Lettuce, Cucumber & Tomato with Choice of Dressing)*
- \* *The Scrambled Gamble*.....\$7.95.....\$8.95  
*(Three Scrambled Eggs, Swiss Cheese, Pepper Jack Cheese, Bacon, Onion, Lettuce, Hot Sauce & Mayo)*
- \* *Chicken Parmesan*.....\$7.95.....\$8.95  
*(Breaded Chicken Cutlet, Tomato Sauce & Melted Mozzarella)*
- \* *The Bologna Butty*.....\$7.95.....\$8.95  
*(Bologna, American Cheese, Sliced Pickles, Tomato, Onion with Mayo/Mustard Mix)*

**-Vegetarian/Vegan Suggestions-**  
**(On a Bagel, Roll, White, Wheat, Rye Bread, Wrap or Hero)**  
**Served with 2 Pickle Spears!**

- \* *The Greek Inspiration (Veg.)*.....\$7.95.....\$8.95  
*(Red Roasted Peppers, Cucumber, Pepperoncini, Kalamata Olives, Radish, Tomato, Red Onion, Feta Cheese with Tzatziki Sauce (Optional))*
- \* *The Cardoon Bomber (Veg.)*.....\$7.95.....\$8.95  
*(Artichoke Hearts, Red Roasted Peppers, Spinach, Fresh Mozzarella, Salt, Pepper & Basil Pesto Spread)*
- \* *The Hummus Hummer (Veg.)*.....\$7.95.....\$8.95  
*(Hummus, Cucumber, Tomato, Red Onion, Swiss Cheese & Cheddar Cheese)*
- \* *The Vegan Frenchie*.....\$7.95.....\$8.95  
*(Sautéed Mushrooms, Caramelized Onion, Sautéed Spinach with Tofu Spread)*

- \* *The Sweet Sensational.....\$7.95.....\$8.95  
 (Avocado, Apple Slices, Kale, Honey Mustard, Salt & Pepper)*
- \* *The Spicy Chick Chick-a-Dee.....\$7.95.....\$8.95  
 (Hummus, Cucumber, Tomato, Jalapeno, Hot Sauce & Lettuce)*
- \* *The Squash Me Up.....\$7.95.....\$8.95  
 (Zucchini, Red Roasted Peppers, Kalamata Olives, Lettuce, Hot Sauce, Sun-Dried Tomato Pesto)*
- \* *The Supplemental Feast.....\$7.95.....\$8.95  
 (Sautéed Spinach, Kidney Beans, Caramelized Onions, Tomato, Salt, Pepper, & Garlic Paste)*

### **- The Children's Lunch Box -**

***Let us prepare your child's lunch for school or a picnic in the park!***

*A choice of any Child Size Sandwich, made to order, on a Mini Bagel, White Bread, Whole Wheat Bread or Rye Bread. Comes with a Choice of a Small Water or a Juice Pack and a Choice of an Apple or Banana.....\$4.75  
 Sandwich with Cream Cheese or Butter on a Mini Bagel.....\$3.75*

***Call ahead and we'll gladly have it ready to go!***

### **- Soup Selections -**

*We proudly serve  
**Hale & Hearty Soups!**  
 All natural soups made fresh from scratch!*

***Please call us for the Soups of the Day!***

*Our Soups come with a Choice of Saltine Crackers or Bagel Chips*

*8 Ounces.....\$3.95      12 Ounces.....\$4.95      16 Ounces.....\$5.95*

**- Coffee Selections -**  
**Proudly serving "Segafredo" Coffee!**

	<b>10 Ounce</b>	<b>12 Ounce</b>	<b>16 Ounce</b>
■ Coffee (Reg., Decaf. & Hazelnut).....	\$1.25	\$1.85	\$2.09
■ Cafe Americano(Espresso W/ Hot Water).....	\$2.15	\$2.95	
■ Café Breve (Espresso W/Steamed Half & Half).....	\$3.25	\$4.25	
■ Cafe Ole(Reg. Coffee W/ Steamed Milk).....	\$2.25	\$3.25	
■ Cafe Macchiato(Espresso w/Steamed Milk & Sprinkle of Cocoa.).....	\$3.75	\$4.25	
■ Mochaccino (Hot Milk Chocolate w/Espresso).....	\$3.55	\$4.25	
■ Cappuccino(Steamed Milk w/Espresso & Creamy Foam w/Cinnamon).....	\$3.15	\$4.15	
■ Cafe Latte (Espresso W/ Steamed Milk).....	\$3.15	\$4.15	
■ Red Eye (Regular Coffee w/One Shot of Espresso).....	\$2.65	\$3.15	
■ Tazo Chai Latte.....	\$3.50	\$4.10	
■ Dirty Tazo Chai Latte (With Espresso).....	\$4.50	\$5.10	
■ Espresso Single Shot.....	\$1.95		
■ Espresso Double Shot.....	\$2.55		
■ Tripplo.....	\$3.15		
■ Yuan Yang (Coffee With Tea & Milk).....	\$1.95	\$2.35	

**- Tea Selections -**

	<b>10 Ounce</b>	<b>12 Ounce</b>	<b>16 Ounce</b>
■ Gourmet Teas.....	\$1.65	\$1.95	\$2.35

**Some of Our Flavors Include:**

Chamomile Herbal Tea \* English Breakfast Tea – Black \* Raspberry Zinger  
Cinnamon Apple Spice – Black \* Peach \* Green Tea \* Lemon Zinger \*  
Earl Grey Tea – Black \* Peppermint Herbal Tea \* Wild Berry Zinger

■ Lipton Tea	\$1.25	\$1.85	\$2.09
■ Hot Chocolate (w/Water)	\$1.25	\$1.85	\$2.09
■ Hot Chocolate (w/Steamed Milk)	\$1.85	\$2.35	\$2.95

## **- Iced Coffee/Tea Selections -**

	<b>16 Ounce</b>	<b>24 Ounce</b>
■ Iced Coffee.....	\$2.45	\$3.25
(Available in Reg., Decaf. & Hazelnut)		
■ Iced Cappuccino.....	\$3.95	\$4.95
(16 ounce/2 Shots of Espresso - 24 ounce/3 Shots of Espresso)		
■ Iced Chai Latte.....	\$3.95	\$4.85
■ Frappe.....	\$3.95	\$4.95
■ Iced Latte.....	\$3.95	\$4.95
(16 ounce/2 Shots of Espresso - 24 ounce/3 Shots of Espresso)		
■ Freshly Brewed Unsweetened Iced Tea.....	\$2.45	\$3.25
■ Freshly Brewed Unsweetened Green Tea.....	\$2.65	\$3.45

*We gladly accept  
American Express, Master Card, Visa and Discover!*

**Free Wi-Fi!**

*Our Menu Items & All Prices are subject to change without notice.*

**All prices do not include tax!**

*Thank You!*

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